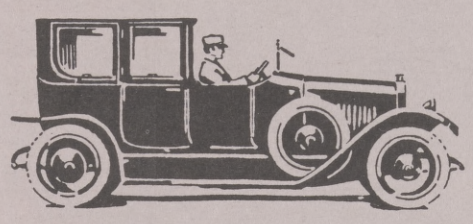
What's happening

July/August 1987
A bimonthly calendar of public events at UC-San Francisco. Please come and enjoy.

Brown Bag Tours/Lectures

All lectures are free and held on Wednesdays at noon in Room 300, Health Sciences West (enter through 513 Parnassus). Videotapes of all talks are available for viewing in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 476-4394.

July 8: **Presidential Quirks & Eccentricities.** Some amusing...and some lamentable profiles of US Presidents.



July 15: **Traveling Well.** Preventive health care for travelers abroad.

July 22: **The Paradox of the Gold Watch—20 Years Before Retirement.** Retirement income—a conservation of your standard of living.

July 29: **Your 1990's: Mediocrity or Success.** See yourself as the rest of the world sees you.

Aug. 5: **Risks & Benefits of Medical Care, Part II.** Medical care may be hazardous to your health.

Aug. 12: **Virus, Genes & Cancer.** Some viruses use the cell's own genes to cause cancer.

Aug. 19: **Internist of the Mind?** Which road should psychiatry take? Treatment of everyday mental woes or diseases of the brain?

Aug. 26: **Be an Artist at What You Do!** How you can increase your creativity & productivity.

Campus Tours

All tours are free and take place at 1 p.m. on Tuesdays, July 7, 14, 21, 28 and August 4, 11, 18, 25. Meet in the lobby of Medical Sciences building, 513 Parnassus. For further information call 476-4394.

New Volunteer Orientation

To acquaint new & prospective volunteers with opportunities available in the Medical Center at UCSF. Call 476-1196.

Tues., July 14: Rm. 209, Clinical Sciences Bldg., 521 Parnassus. 1-3 p.m.

"In the Medicine Cabinet"

If you're an early Sunday morning riser, tune in to KFRC AM Radio 610—"Magic 61"—between 7 and 7:30. You'll hear UCSF clinical pharmacist Linda Bernstein on her half-hour consumer-oriented program "In the Medicine Cabinet." Each week Bernstein interviews a member of her "expert cabinet" of health professionals—a pharmacist, physician, nurse or dietitian—to discuss proper use of over-the-counter and prescription medications and to inform the public about important health issues.

Paths of Healing & Wholeness

All talks are free and held on Fridays at noon in Rm. 517, School of Nursing Bldg. (enter through 513 Parnassus) at noon. Call 476-1995.

July 10: **Words, Symbols & Self.**

July 17: **Opening the Chakras & Removing Blocks.**

July 24: **Healing AIDS Naturally.**

July 31: **Intimacy: What It Is & How to Create It.**

Aug. 7: **Harmonic Convergence: A Major Global Event.**

Aug. 14: **Healing Relationships.**

Aug. 21: **Love: A Guide to Human Relationships.**

Aug. 28: **Life's Choreography: Its Patterns & Responses.**

Special Events

Tues., July 7: **Special Summer Blood Drive.** Due to the urgent need for blood during the summer months. Personal identification is requested. School of Nursing Bldg., mezzanine level (enter through 513 Parnassus). 10 a.m.-3 p.m. Call 476-4013.

Thurs., July 16: **Community Education Forum on Domestic Violence.** Bernita Burge of La Casa de las Madres will show the film "A Family Affair." Followed by discussion including resources for battered women. Sponsored by UCSF Rape Prevention Education Program. Health Sciences West Bldg., Rm. 301 (enter through 513 Parnassus). Noon-1 p.m. Free. Call 476-5222.

AIDS/ARC Update '87

Fri.-Sat., July 17-18: A two-day educational program, cosponsored by many agencies in Northern California, designed for health care providers who care for persons with AIDS or ARC. Keynote speakers include US Surgeon General C. Everett Koop. SF Civic Aud. Call 476-7882.

Children's Summer Films

All films are shown in Cole Hall, Medical Sciences building, 513 Parnassus. Showtimes are 10 a.m., 1:30, 6:30 & 8:15 p.m. Children under 12 $1.50, UCSF students, seniors & Millberry Union members $2; general $2.50. Group rates available for first two shows if requested in advance by calling 476-2542. Seating for the first two shows is limited so please arrive at least one-half hour before showtime. For information call 476-2571.

Fri., July 10: **Sleeping Beauty.**

Fri., July 17: **An American Tail.**

Fri., July 31: **Lady & The Tramp.**

Fri., Aug. 7: **Song of The South.** (Last show begins at 8:30 p.m.)

CAL Film & Reading Groups

Meetings held once a month to discuss selected books and films. Board of Governors Room, Millberry Union, 500 Parnassus. Call 476-2542.

Tues., July 14 & Aug. 11: **CAL Film Group Meeting.** 6 p.m.

Tues., July 28 & Aug. 25: **CAL Reading Group Meeting.** 6:30 p.m.

Art Exhibits

Hospitals Auxiliary Exhibit: On display for the month of July in the lobby of Moffitt/Long Hospitals, 505 Parnassus, are silkscreens, photos of Russia, acrylics on silk & mini-etchings. On display during August will be Chinese brush paintings, watercolors & color photography. A portion of all proceeds benefits patients at the Medical Center at UCSF. To purchase or reserve work, visit the Auxiliary Office, Rm. 182, Moffitt Hospital, 505 Parnassus, 9 a.m.-4 p.m. or call 476-4906.

Faculty/Alumni House Exhibit: On display through August 31 are oil paintings by Harry Kollinger. Faculty/Alumni House, 745 Parnassus. 8 a.m.-4:30 p.m. Call 476-4723.

Department of Nursing Courses

For further information call 476-2993.

Mon., Aug. 10: **Current Concepts in Wound & Skin Care.** Langley Porter Psychiatric Institute Auditorium, 401 Parnassus. 8:30 a.m.-4:30 p.m.

Mon., Aug. 24: **The Art of Breast Feeding.** Rm. 980, Moffitt Hospital, 505 Parnassus. 8:30 a.m.-4:30 p.m.

Mobile Mammography Screening Program

Women now can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time. Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 or 476-2193 between 9 a.m. and 3:30 p.m. The van will be at the following locations during July and August:

- July 6-10: Embarcadero, Drumm St. between Sacramento & Clay.
- July 13-17: Sunset District, Irving St. between 25th & 26th Aves.
- July 20-24: Taraval St., between 17th & 18th Aves.
- July 27-31: Diamond Heights Blvd. near Safeway.
- Aug. 3-7: Richmond District, 7th Ave. between Geary & Clement.
- Aug. 10-14: Westlake Shopping Center, Park Plaza Dr., near Safeway.
- Aug. 17-21: UCSF Laurel Heights parking lot, 3333 California St.
- Aug. 24-28: Civic Center, on McAllister St. between Larkin & Polk.

Women's Resource Center Events

For further information call 476-5836.

Women & Aging Lecture Series

Held in Health Sciences West Bldg. (enter through 513 Parnassus). Noon-1 p.m. Free.

Thurs., July 9: **Gender & the Life Course: A Case Study of Chicana Elderly** and **Special Problems, Special Rewards: Aging & Native American Women.** Room HSW 300.

Thurs., July 21: **Unsettled Future: Older Women, Economics & Health.** Room HSW 301.

Thurs., Aug. 4: **"I Don't Feel No Ways Tired": The Black, Elderly Female** and **The Role of Asian-American Women in the Field of Aging.** Room HSW 301.

Thurs., Aug. 20: **There Must Be a Better Way.** One woman's way toward peace of mind in late adulthood. Room HSW 300.

Workshop

Sat., July 18: **Yielding to Power.** Workshop for women to discover, yield to and act from power through ritual. Clinical Sciences Bldg., 521 Parnassus, Rm. 130. 10 a.m.-5 p.m. $45-60, sliding scale.

Personal Safety Classes

Conducted by the UCSF Police & Recreation Departments' Personal Safety Program. All classes held at the Laguna Honda Personnel Conference Rm., 1350 7th Ave. Call 476-5683 or 476-1800 to register.

Self-Defense Workshops. Easy-to-learn techniques. 9 a.m.-5 p.m. $30 public, $10 UC affiliate.
Sat., July 11: **Women Only.**
Sat., Aug. 8: **Coed.**

Tear Gas Certification Classes. Department of Justice approved. 6-9 p.m. $10. Wed., July 8; Tues., July 21; Thurs., Aug. 6; Tues., Aug. 18.

Outdoors Unlimited

Located on Parnassus Ave., street level in the University Hospital Bldg. between 3rd and 4th Ave., Outdoors Unlimited offers outdoor adventures for the neighborhood and campus community. Sign up for activities from 11:30 a.m. to 1:30 p.m. or 5 to 7 p.m., Monday & Friday; 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m. Tuesday to Thursday. Two-week advance registration is required for most events. For further information and a free brochure listing all events including rafting, canoeing, kayaking, boardsailing, birdwatching & broom hockey call 476-2078.

Thurs.-Sat., July 16-18: **Backpacking.** Sonora Pass.

Sat.-Sun., July 18-19: **Hiking.** South Lake Tahoe.

Sat.-Sun., July 18-19: **Rockclimbing.** Lover's Leap.

Sun., July 19: **Bay Sailing.** S.F. Bay.

Tues., July 21: **Slide Show: Walking Across Nevada.** Madrone Rm., Millberry Union, 500 Parnassus. 7:30 p.m. Free.

Thurs.-Sat., July 23-25: **Backpacking.** Yosemite.

Sat., July 25: **Dayhike.** Calistoga.

Sat.-Mon. July 25-27: **Beginning Mountaineering.** Trinity Alps.

Tues., July 28: **Bread & Brew Night.** San Francisco's Albatross Brewery.

Thurs.-Sat., Aug. 6-8: **Backpacking.** Carson Pass.

Sat., Aug. 8: **Bay Sailing.** S.F. Bay.

Sat.-Sun., Aug. 8-9: **Sea Kayaking & Canoeing.** Sacramento River.

Fri.-Sun., Aug. 14-16: **Camping, Hiking & Swimming.** South Yuba River.

Sun., Aug. 16: **Bay Sailing.** S.F. Bay.

Thurs.-Sat., Aug. 10-22: **Backpacking.** Leavitt Meadows.

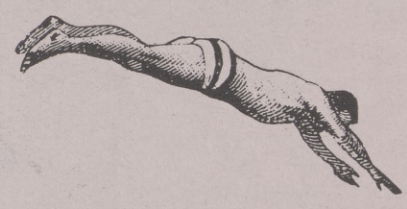
Tues., Aug. 25: **Slide Show: Walking Across Utah.** Madrone Rm., Millberry Union, 500 Parnassus. 7:30 p.m. Free.

Wed., Aug. 26: **Slide Show: Paddling & Science in the South China Sea.** The Bay Model, 2100 Bridgeway, Sausalito. 7:30 p.m. $3.

Thurs., Aug. 27: **Acupuncture & Injuries Talk.** Acupuncturist Alan Danker. Madrone Rm., Millberry Union, 500 Parnassus. 7:30 p.m. Free.

Sat.-Sun., Aug. 29-30: **Whitewater Rafting.** South Fork, American River.

PRO: Recreation & Fitness



Over 100 classes offered in areas of exercise & body building, stress management, massage & relaxation skills, dance, sailing, self-improvement & education. Special Children's Summer Program includes swimming, kindergym, dance/movement & parent-child aerobics. For further information and a free brochure listing all classes call 476-1800.

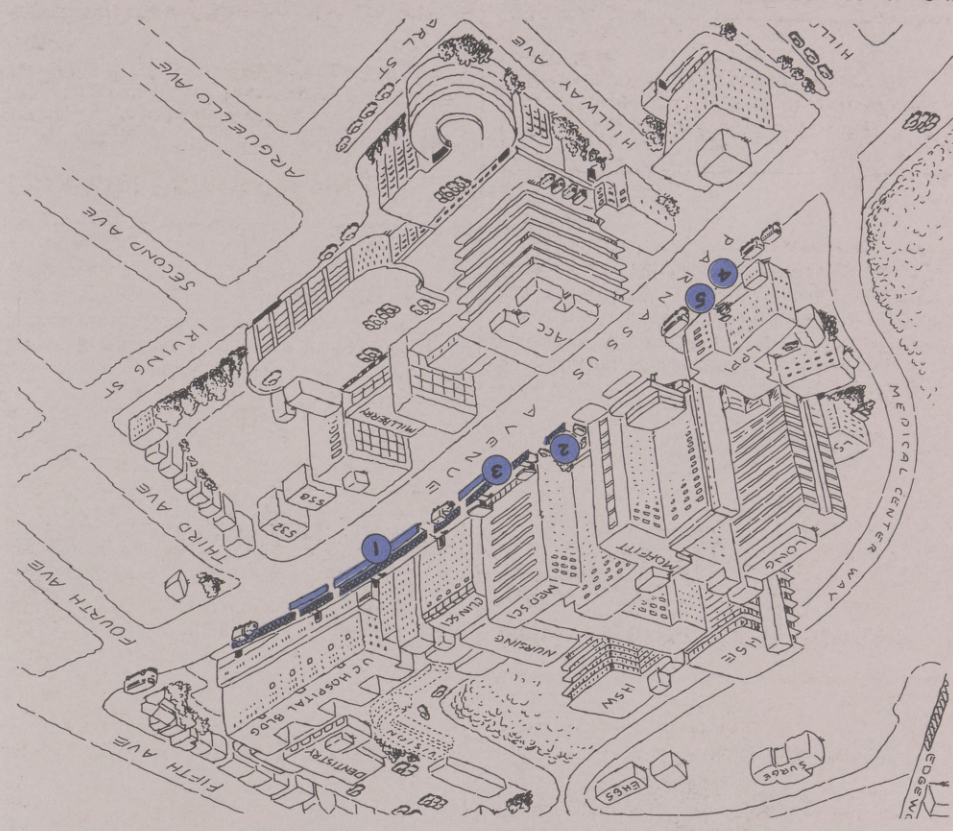
To Our Neighbors is produced by the UCSF News and Public Information Services Department. For further information call 476-1541.

UCSF
University of California, San Francisco
...A Health Sciences Campus

Rush—Time Dated
July—August, 1987

UCSF
University of California San Francisco
News and Public Information Services
532 Parnassus Avenue, San Francisco, CA 94143-0250

To our neighbors



1) South side of Parnassus—Repair Deteriorated Steamline—starts July: Sidewalk torn up from west side of Moffitt circle to east side of loading dock near 4th Ave. No parking, stopping, drop off

2) Moffitt circle periodically restricted through July. Will be fully open in August

3) Med Sci MUNI bus stop eliminated until fall '87

4) MUNI bus stop remains in front of LPPI

5) Marin buses to unload passengers in front of LPPI instead of Medical Sciences. Evening loading remains at 3rd & Parnassus until fall

It's Time for Repairs on Parnassus

During the month of July we will be tearing up the sidewalk along the south side of Parnassus from the west end of Moffitt circle to the west end of the UC Hospital building to replace a deteriorated steamline. The job will be completed in about five months.

So, when you visit our campus during the next few months, why not take this publication with you and refer to the map to help you get around. The most important factors to remember are:

- You will be able to enter and exit the buildings just as you do now, but the protected walkways along the street next to the sidewalk will be interrupted by barricades. You can walk through the buildings starting at 533 Parnassus near 3rd Avenue. Take an elevator from the ground level up one flight and walk east until you get to Medical Sciences lobby. Perhaps the best thing to do is to walk along the north side of the street until you get to the entrance you want.
- The MUNI bus stop in front of Medical Sciences will be eliminated until fall. Please use the bus stop near 4th Avenue, or the one in front of Langley Porter Psychiatric Institute (LPPI).
- At a later date, our campus and Marin shuttle buses will be shifted. We'll let you know where and when.
- Meantime, our Moffitt lobby renovation, including a new Auxiliary gift shop, is nearing completion, to be finished sometime this fall, and the Moffitt circle driveway will be fully open by August. Soon you will be able to ride in refurbished elevators in our Clinical Sciences building. Be prepared, however, for our Medical Sciences elevators will be renovated in phases until sometime in October.

July/August 1987

A summary of recent news stories from the University of California, San Francisco . . . A Health Sciences Campus.

Volume 12, Number 4

New Treatment Greatly Improves Leukemia Patients' Survival

Researchers from UCSF, Stanford and the City of Hope National Medical Center have reported dramatically improved survival in patients with acute lymphoblastic leukemia (ALL)—a rapidly progressing cancer of white blood cells that usually is fatal in adults.

In a six-year study conducted on this campus, a new treatment regimen put 76 of 81 (94 percent) recently diagnosed adult patients into remission—in which all signs of their leukemia disappeared.

Previously only 70 percent of adult patients with ALL could be put into remission, and few of those survived five years.

"Early results suggest that at least half of our patients will remain healthy after three years, and we are hopeful that many of these people are cured," said leukemia specialist Charles Linker, MD, UCSF assistant professor of medicine, who led the study. For further information call 476-1421.

Mussels Quarantined

Mussels are under quarantine until November because they may contain a toxic material that can cause poisoning in humans, the San Francisco Bay Area Regional Control Center has announced. UCSF staff at the center, located at San Francisco General Hospital, warn that mussels from the ocean shore of California extending from Oregon to the Mexican border may not be eaten from May 1 to October 31, 1987.

Mussels can contain a toxin that causes shellfish poisoning (PSP) leading to severe illness and, in some cases, death. All species of mussels can contain the toxin, health officials say. Beaches throughout California are posted with signs warning against taking mussels and alerting the public that the dark parts of clams and scallops also should not be eaten.

Women Needed for Birth Control Study

Women who have had at least one baby, are healthy, and are willing to have blood tests, may be eligible to join a study testing an effective long-term birth control method called Capronor. For further information call the SFGH Family Planning Clinic at 648-7400.

Cocaine Users at Risk for Strokes, Seizures

Cocaine use can cause severe seizures, strokes and wide-ranging psychological problems, including suicide attempts, a team of UCSF researchers led by neurology chief resident Daniel Lowenstein, MD, reported at the American Academy of Neurology meeting in New York City.

At least 10 percent of the cocaine users who were seen at SFGH over a seven-year period suffered from some psychiatric or neurological complication from the use of cocaine, they said.

The symptoms were seen in patients who were chronic users, and those who were first-time users, regardless of age, frequency or method of use. For further information call 476-1487 and leave a message for Dr. Lowenstein.

Shared Phone Number for Organ Procurement

Six transplant centers in Northern and Central California, including UCSF, began using a single regional telephone number for organ procurement June 22 as part of a cooperative effort to simplify and expedite the area's donor procurement activities. This telephone number — 800-55-DONOR — will serve all counties in Northern and Central California with the exception of Sacramento, Sutter, Yolo, Yuba, Placer, El Dorado, Nevada and Amador, which will continue to be served by the Golden Gate Regional Organ Procurement Agency.

The new shared number is available to hospitals and health-care professionals throughout the region who wish to refer donor organs for use by area transplant centers. The participating transplant centers are UCSF, Herrick in Berkeley, SF's Pacific Presbyterian, Santa Rosa Memorial, Stanford and UC-Davis.

Allen Balderson

Ever Seen a Three-Hour-Old Baby Before?

"Never!" was the consensus of the children in Chris Mangini's sixth grade from St. Anne's School at 14th and Irving in the Sunset. The class of some 30 students visited the maternity unit in the UCSF Medical Center as part of the school's family life program. In addition to visiting the nursery, the children saw a film of an actual childbirth—made especially for young viewers.

Implanted Pump to Target Anti-Cancer Drugs in Liver

A small pump surgically implanted in the abdomen to deliver a continuous infusion of drug into the main artery supplying the liver may turn out to be a more effective technique to shrink liver tumors, according to UCSF surgeon David C. Hohn, MD, director of the UCSF Liver Tumor Treatment Group.

In a four-year study, the researchers at the UCSF Cancer Research Institute and the Northern California Oncology Group compared a group of patients receiving an anti-cancer drug given intravenously with another group receiving the drug by the new technique.

They reported that infusing anti-cancer drugs directly into a liver artery—rather than by the usual intravenous route—is more effective in shrinking liver tumors that result from the spread of colon and rectal cancer. Patients receiving the drug by liver artery had their tumor growth inhibited about twice as long.

Their finding may point the way to improved survival in colorectal cancer, which claims the lives of most of its victims whose cancer has spread to the liver.

For further information on the study call 476-4765.

50¢ Parking

Need a cheap place to park on weeknights and weekends?

If you're in the Laurel Heights area, why not try the UCSF-Laurel Heights lot? Enter at 3333 California Street. The public area is to the left. Neighbors can park for 50¢ any week night after 6 p.m. and all day Saturdays and Sundays.

On the Parnassus campus, you can park for that same rate at the west side lot on 5th and Kirkham Avenues behind the School of Dentistry building. In addition, permits are available for $4.25 per month to park in the Millberry Union garage during the week 5 p.m. to 8 a.m. and all day weekends. You must purchase these for an entire year ($51). Call 476-2566.

(More news items on back page)